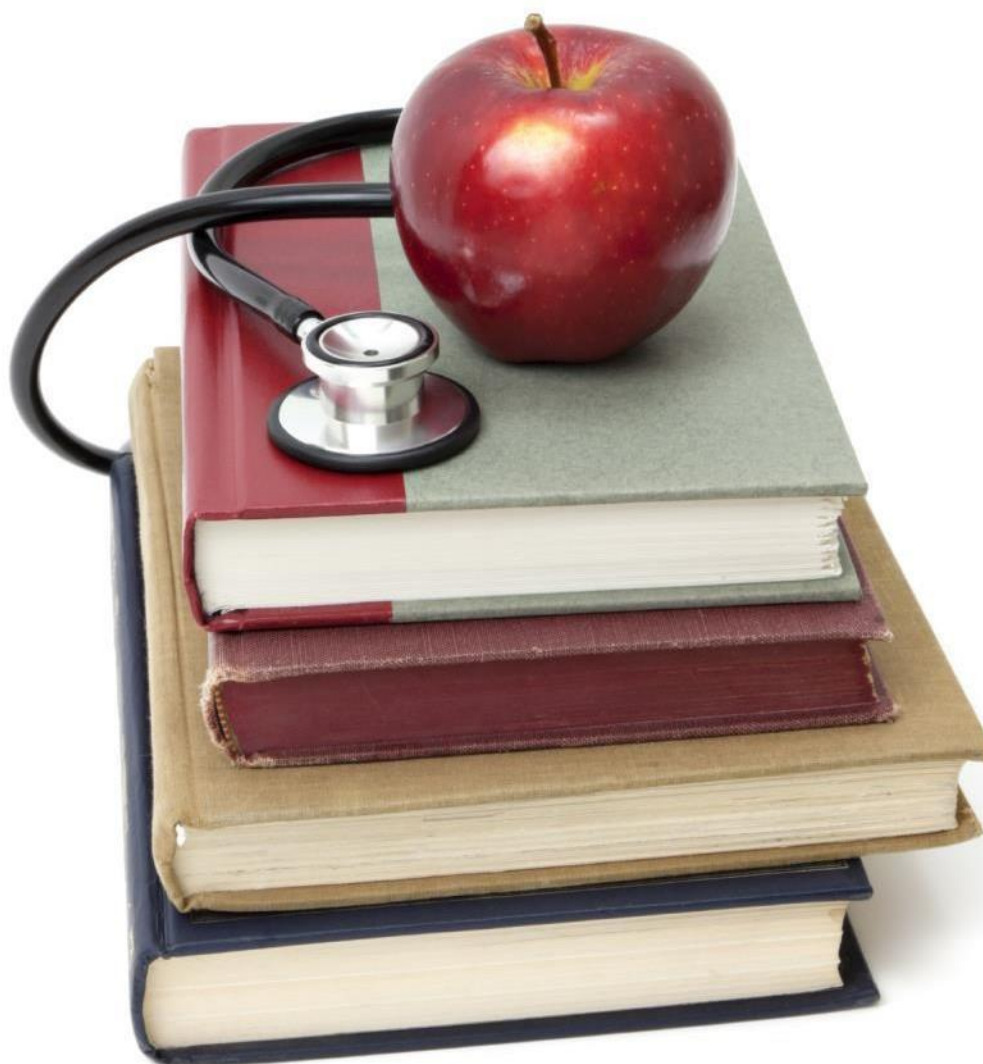




**IRISH STUDENT HEALTH
ASSOCIATION CONFERENCE
PROGRAMME 2020
Friday 28th – Saturday 29th
February 2020 Alex Hotel, Dublin 2.
Hosted by Trinity College Dublin**



Day 1: Friday 28th of February

- 13.00-13.30 **Registration/Exhibitor Stands/Posters/Tea & Coffee**
- 13.30-13.40 **Welcome Address: Geraldine Ruane, Chief Operating Officer, Trinity College Dublin**
- 13.45-14.30 **Creating better relationships with technology**
Speaker – Colman Noctor, Child & Adolescent Psychotherapist, St Patrick’s Mental Health Service, part-time Associate Professor in Trinity College Dublin
- 14.35-15.00 **Launch of Student Health App**
Presented by Theresa Lowry-Lehnen & Dr. Knut Schroeder
- 15.00-15.30 **Registration/Exhibitor Stands/Posters/Tea & Coffee**
- 15.30-16.30 **Section meetings**
- Doctors Association of Student Health (DASH)
 - Nurses Association of Student Health (NASH)
 - Secretaries Association of Student Health (SASH)
 - Forum for Student Health Psychiatrists
 - Forum for Student Health Physiotherapists
- 16.30-18.00 **Irish Student Health Association Annual General Meeting**
Chaired by ISHA president
- 19.15-19.45 **Pre-dinner Reception** in Trinity’s Dining Hall
- Followed by
- 19.45 - late **Annual Gala dinner & Entertainment**
- Dr David Thomas Prize Giving**



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Day 2: Saturday 29th February

- 08.30-09.00 **Registration/Exhibitor Stands/View Posters/Tea & Coffee**
- 09.00-09.10 **Opening Address**
**Dr. David McGrath, Director of College Health
Service, Trinity College Dublin**
- 09.10-09.55 **Exercise as medicine**
**Speaker – Dr Áine Kelly, Professor in Physiology, Trinity
College Dublin**
- 10.00-10.45 **Optimal nutrition for ourselves and our students - Plant based Diets**
Speaker – Dr John Allman, GP
- 10.45-11.15 **Exhibitor Stands/View Posters/Tea & Coffee**
- 11.15-11.50 **Clinical talk: Update on Polycystic Ovary Syndrome**
**Speaker – Dr Michael Reilly, Consultant Endocrinologist,
Beaumont Hospital, Dublin**
- 11.55-12.20 **An App to reduce prescribing errors in Emergency
Contraception**
Speaker – Dr Laura Malone, GP

- 12.25-12.45 **Updates in GP management of Eating Disorders**
Speaker: Dr Aoife O’Sullivan, GP, Student Health Services, University College Cork
- 11.15-12.45 **Non-clinical workshops:**
GDPR – Medisec
Posture, ergonomics and common sense!
Speaker: Karita Saar Cullen MISCP, College Health Services Physio, Trinity College Dublin
- 12.45-13.00 **Closing Address & Pauline Carbery Prize**
- Followed by
- 13.00 **Light Lunch – Alex Hotel**