

#### ISHA Conference and AGM 2024

# **The Sligo Park Hotel**

### **Hosted by Atlantic Technological University**

#### **Administrative Staff Agenda**

## Friday 1st March 2024

12:00 -13:00: Registration. Refreshments/exhibitor stands/poster viewing.

**13:00 -13:15: Welcome address:** Caroline Kennedy-Crawford (ISHA President) **Opening of conference: Dr Orla Flynn** - President, Atlantic Technological

University

**13.15-14.00: Dr Karl Neff** - Endocrinologist and clinical lead at National Gender Service, Loughlinstown clinic (via zoom)

"Gender affirming care: knowns and unknowns".

**14.00-14.30**: **Ms Caitriona Gleeson -** Sexual Violence Prevention and Response Manager, Atlantic Technological University.

'Preventing and Responding to Sexual Violence in Higher Education in Ireland'

**14:30-15:15: Dr Maura Finnegan** - Chartered Clinical Psychologist, Head of Student Health & Wellbeing, Atlantic Technological University

"Responding to difficult situations".

15:15-15:30: Refreshments/exhibitor stands and poster viewing.

**15:30-16:25: Break out meetings** Nurses, Doctors and Administrators

**16:30-17:30: Mr Shane Martin** - C. Psychologist., Ps.S.I.

"Your precious life: how to live it well".

19:15- 20.00: Pre-dinner drinks reception in the Pergola

20:00 - Late: Gala dinner and entertainment

## Saturday 2<sup>nd</sup> March 2024

**9.15-11.15: Dr Monica Murphy-** Director Monere Development Services. Administrative workshop.

#### **Session topics:**

- Managing, responding to, and working with a variety of stakeholders.
- The compound effect of perseverance and resilience in the face of uncertainty and challenges (perservilience!)
- Managing energy, time, and tasks paperwork, computer work and diary management
- The role of technology in administrative support.
- Case scenarios: round table discussion and information sharing session.

**11.30-12.30: Ms Yvonne Roache -** Wellbeing Officer/Healthy Campus Coordinator, ATU Sligo

"Exploring the role of digital communication for Student Health Administrators".

**13:30- 14:15** Poster Competition /AGM/ awards/ election of new ISHA executive. Working lunch and close of conference.

Many thanks to our administrative workshop sponsor

